

For Immediate Book Release

“I’ve Got 99 Problems, But Being Saved is Not One of Them”

Twenty-seven years ago, Melissa Enoch began working in a detoxification facility with individuals suffering from alcoholism and addiction. As a twenty-three-year-old recent college graduate, whose only experience with alcohol and drugs was observing family members drink, drinking through college and your occasional use of marijuana. My knowledge of heroin, crack and cocaine use was limited to what I had observed on television and my knowledge of other mental disorders like schizophrenia only came from family of whom I had little association. My father drank, but stopped shortly after I left home, so I did not understand what recovery was. I simply thought people could pick and choose what they did, how they did it and when they would do it. It never dawned on me that people could actually be addicted to some inanimate object that had the potential to take everything from them.



She writes: “This book is derived from many years working in the substance abuse and mental health field observing individuals with varying addictions who seem unable to maintain recovery, conditions seeming to worsen with time and suffering from physical consequences of their behavior. This book is designed to help individuals live with their mental health disorders and is not to be used to replace their therapy and/or medication. This book is also not designed to lead anyone to believe that all challenges can be answered through the Word of God and that physical intervention such as constant contact with a psychiatrist, psychologist, therapist, hospital, medication and other interventions may be needed to address their mental health disorders.”

Please consider Melissa Enoch for one of your author profiles, book features or event announcements. I’ve Got 99 Problems, But Being Saved is Not One of Them is formatted as a standard (5.5 x 8.5) glossy paperback with 120 pages and contains a series point of counseling ‘Questions to Consider ‘as well as interactive steps to success and a journaling section for day-by-day notes. It is available from (amazon.com) and directly from the author for \$20.00. (ISBN: 9798767402168)

She will host a public book launch and discussion from 2:00-4:00 pm on Friday, February 4th at her counseling office: 508 Holly Hill Lane, Ste 102 e, Burlington NC 27215. She will also be available for appointments and contacts at the 2022 NCFADS Winter School Conference, Sunday, February 20th -23rd at the Embassy Suites, Greensboro, NC She will contact you by email or phone in the next several days to offer additional information. Please feel free to contact the author directly at: melissatrinitycounseling@gmail.com or MelissaEnoch.com for an interview, review or author profile.

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